

# Time for a Life Checkup

## Checking in with your current needs

Life is full of twists and turns. What was true for you and your family last year may be different today, and it may change again next year. Part of a healthy, long-term financial plan involves regularly checking in to make sure you're covering your bases as they exist *now*.

## Getting started:

If you've already got life insurance, congratulations! That's one of a number of smart money moves you're likely making to protect the financial stability of your loved ones. But how long ago did you purchase that policy? Has anything in your life changed since then? Life events like buying a home or expanding your family can change your coverage needs.

Similarly, life insurance offered through your job can be inadequate, and you may not be able to take it with you if you change jobs.

## Take a fresh look

Below is a checklist of life events that can affect how much coverage you might need. Have any of these things happened to you since you last looked at your policy?

- Got married or divorced
- Changed jobs or lost your job
- Purchased a home
- Taken out a loan with a co-signer
- Welcomed a new family member
- Started a business
- Began caring for an elderly family member or a person with special needs
- Been in an accident or became disabled
- Been widowed
- Received an inheritance

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