## **Rx FOR SUCCESS**

## **Colorectal Cancer**

Colorectal cancer is the third most common cancer in men and women and the third leading cause of cancer death in the United States. Most colorectal cancer arises slowly from an adenomatous polyp over 7 to 15 years. Incidence and mortality rates have been decreasing due to earlier detection and better treatment.

Risk factors for developing colorectal cancer include family history of cancer or polyps, inherited conditions (such as familial adenomatous polyposis and hereditary nonpolyposis), diet, age, inflammatory bowel disease (such as ulcerative colitis or Crohn's disease), and a personal history of polyps. A prior history of colorectal cancer increases the risk of other colon tumors.

The wall of the colon consists of four layers: mucosa (adjacent to the lumen), submucosa, muscularis propria, and serosa (outermost, farthest from the lumen). The prognosis worsens as deeper layers of the colon wall are invaded. Staging of colorectal cancer is based on depth of invasion through these layers and on any spread to other tissues, and is given per the TNM system. The Duke's system is an older staging system.

The table below describes the old and new staging classifications.

STAGE	TNM	DUKE'S	DESCRIPTION
0	Tis, NO, MO		In situ, tumor confined to mucosa
I	T1, N0, M0	А	Tumor through the mucosa into submucosa
1	T2, N0, M0	А	Tumor through submucosa in muscularis propria
IIA	T3, N0, M0	B1	Tumor through muscularis propria and into subserosa but not into neighboring tissues
IIB	T4, N0, M0	B2	Tumor into nearby tissues or organs, but nodes remain negative
IIIA	T1, N1, MO T2, N1, MO	C1	T1 or T2 plus 1 – 3 nodes positive
IIIB	T3, N1, MO T4, N1, MO	C2	T3 or T4 plus 1 – 3 nodes positive
IV	M1	D	Spread to distant sites such as liver, lung, peritoneum, ovary, etc.

A colonoscopy is generally recommended one year after curative resection. If clear of polyps and tumor, the next colonoscopy can be performed in year three, then every five years. Closer surveillance is needed in those at high risk (hereditary syndromes and inflammatory bowel disease).

Ratings will depend on stage and time since the end of treatment. An additional rating or postponement may be necessary if the applicant does not follow surveillance recommendations. The rating table is on the next page.

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Rx FOR SUCCESS COLORECTAL CANCER

	RATING				
STAGE	AGE 65 OR YOUNGER AT DIAGNOSIS		AGE OLDER THAN 65 AT DIAGNOSIS		
Carcinoma in situ, Tis	No rating		No rating		
Stage I and Stage IIA	Tumor table C		Tumor table D*		
Stage IIB	Tumor table B		Tumor table C		
Stage III—Best case only with two or fewer positive lymph nodes and normal CEA	0-5 years 6th year 7th year 8th year 9th year 10th year Thereafter	Decline Table B + \$10x5 Table B + \$10x4 Table B + \$10x3 Table B + \$10x2 Table B + \$10x1 Table B	O-2 years 3rd year 4th year 5th year 6th year 7th year Thereafter	Decline Table B + \$10x5 Table B + \$10x4 Table B + \$10x3 Table B + \$10x2 Table B + \$10x1 Table B	
Stage III (More than two lymph nodes positive) and Stage IV	Decline		Decline		

<sup>\*</sup>For Stage T1, N0, M0 only—if diagnosis was at age 70 or older, there is no rating required.

## Malignant Tumor Table Rating Schedule

	A	В	С	D
Within 1st year	Decline	Decline	Decline	\$5x3
2nd year	Decline	Decline	\$7.50x5	\$5x2
3rd year	Declne	\$10x6	\$7.50x4	\$5x1
4th year	\$15x6	\$10x5	\$7.50x3	0
5th year	\$15x5	\$10x4	\$7.50x2	0
6th year	\$15x4	\$10x3	\$7.50x1	0
7th year	\$15x3	\$10x2	0	0
8th year	\$15x2	\$10x1	0	0
9th year	\$15x1	0	0	0

For example: Stage 0, colon cancer *in situ* is not rated and would be eligible for Non-Smoker Plus if otherwise qualified. An applicant diagnosed at age 55 with Stage IIB cancer in the third year following treatment would be rated under Tumor Table B: \$10x6.

To get an idea of how a client with a history of Colorectal Cancer would be viewed in the underwriting process, use the Ask "Rx" pert Underwriter on the next page for an informal quote.

Rx FOR SUCCESS COLORECTAL CANCER

Ask "Rx"pert Underwriter (A	sk Our Expert)		
After reading the Rx for Success	on Colorectal Cancer, use this form to Ask "R	x"pert Underwriter for an informal quote.	
		Fax Sex	<u> </u>
If your client has had Colorectal (	Cancer, please answer the following:		
1. Please list date of diagnosis a	nd send pathological report.		
2. How was the cancer treated?			
Surgery			
Surgery plus chemotherapy	and/or radiation		
3. Please list date treatment co	npleted.		
4. Is your client on any medicat	ons?		
Yes. Please give details			
No			
5. What stage was the cancer?			
Stage Tis Stage Stage I Stage Stage IIA Stage	II		
6. Has there been any evidence	of recurrence?		
Yes. Please give details			_
No			
7. When was your client's last c	plonscopy and CEA level? Please give date an	nd results.	
8. Has your client smoked cigar	ettes in the last 12 months?		
Yes. Please give details			_
No			
9. Does your client have any oth	er major health problems (e.g., inflammatory	bowl disease, heart disease, etc.)?	
Yes. Please give details			-